

HEAT 1

START @ 7:30AM

LANE #	NAME	AGE	M/F	SPLITS			PLACE	TOTAL	RACE #
				SWIM	BIKE	RUN			
1	Luke Winfrey	28	M	8:28	20:27	15:55:00		0:44:50	101
2	Buck Verbeck	25	M	10:30	16:19	17:57:00	3RD 20-29 M	0:44:46	102
3	MiKayla Bastin	16	F	11:34	22:19	22:02:00		0:55:55	103
4	Darcie Parkhurst	33	F	9:54	18:13	21:12:00	1ST 30-39 F	0:49:19	104
5	David Ghormley	22	M	10:07	19:53	19:09:00		0:49:09	105
6	Craig Parman	53	M	0:07:53	0:18:59	16:00:00	2ND 50-59 M	0:42:52	106
7	George Myers	38	M	8:10	17:37	13:30	2ND OVERALL M	0:39:17	107
8	Adam Fortner	31	M	10:13	17:00	16:09		0:43:22	108
9	Clayton Scholler	20	M	9:37	17:22	15:11	1ST 20-29 M	0:42:10	109
10	Tonya Young	25	F	9:32	18:29	16:24	3RD OVERALL F	0:44:25	110
11	Mark Whitson	38	M	10:31	16:29	15:12	2ND 30-39 M	0:42:12	111
12	David Shiflett	35	M	9:54	17:09	22:22		0:48:25	112

	HEAT 2	START @ 8:00AM							
LANE #	NAME	AGE	M/F	SPLITS			PLACE	TOTAL	RACE #
				SWIM	BIKE	RUN			
1	Kim Green	29	F	10:43	19:02	19:20		0:49:05	201
2	Michael Gartner	50	M	11:42	21:08	19:24		0:52:14	202
3	Steve Richards	56	M	9:38	16:19	16:04	1ST 50-59 M	0:42:01	203
4	Luke Gartner	15	M	8:30	17:38	19:27	1ST 10-15 M	0:45:35	204
5	John Anders	44	M	9:03	16:53	14:25	3RD OVERALL M	0:40:21	205
6	Eric Anders	17	M	8:11	17:11	13:12	1ST OVERALL M	0:38:34	206
7	Kate Robinson	24	F	8:39	18:13	15:42	1ST OVERALL F	0:42:34	207
8	Tom Haist	43	M	10:12	16:28	18:26	2ND 40-49 M	0:45:06	208
9	Matt Liston	41	M	9:50	16:02	16:08	1ST 40-49 M	0:42:00	209
10	Darren Gould	39	M	10:05	18:00	14:10	3RD 30-39 M	0:42:15	210
11	Sam Gartner	12	M	11:02	19:58	17:48		0:48:48	211
12	Eric Bowman	17	M					NS	212

	<u>HEAT 3</u>	START @ 8:30AM							
LANE #	NAME	AGE	M/F	SPLITS			PLACE	TOTAL	RACE #
				SWIM	BIKE	RUN			
1	Terri Haire	49	F	14:14	20:18	21:16		0:55:48	301
2	Adam Russell	32	M	12:10	16:45	18:29		0:47:24	302
3	Steve Schatzman	40	M	9:47	18:33	20:50		0:49:10	303
4	Brenna Kleman	17	F	11:28	21:00	16:40	1ST 19U F	0:49:08	304
5	Wayne Stout	50	M	11:29	18:17	18:02	3RD 50-59 M	0:47:48	305
6	Mark Deiter	46	M	11:46	20:36	19:19		0:51:41	306
7	Jeremiah Shull	29	M	13:29	18:01	18:42		0:50:12	307
8	Diane Kondos	51	F	11:57	17:20	24.14		0:53:58	308
9	Shelley Rich	35	F	9:09	17:25	24:10:00	2ND 30-39 F	0:50:44	309
10	Andrew Pall	40	M	11:07	17:26	22:00		0:50:33	310
11	Dan Mishler	24	M	15:58	19:46	20:32		0:56:16	311
12	Cassie Rodriguez	29	F	11:57	17:22	20:07		0:49:26	312

HEAT 4

START @ 9:00AM

LANE #	NAME	AGE	M/F	SPLITS			PLACE	TOTAL	RACE #
				SWIM	BIKE	RUN			
1	Jeff Friesen	45	M	14:32	17:56	15:40		0:48:08	401
2	Kevin Hedrick	38	M	16:33	21:27	23:07		1:01:07	402
3	Neil Andrews	53	M	14:19	18:09	15:50		0:48:18	403
4	DuMont Schmidt	66	M	13:12	19:11	17:07	2ND 60^ M	0:49:30	404
5	Brooks Kancel	29	F	10:29	19:19	21:37		0:51:25	405
6	Chris Stevens	39	M	11:13	19:25	16:18		0:46:56	406
7	Quinton Gaspard	28	M	11:39	16:39	15:05	2ND 20-29 M	0:43:23	407
8	Dawn Kerr	38	F	13:09	17:40	14:09		0:54:58	408
9	Chuck Stansfield	40	M	12:53	20:58	24:45:00		0:58:33	409
10	Greg Froese	38	M	17:58	22:19	26:55:00		1:07:12	410
11	Scott Friesen	42	M	11:52	18:51	19:18		0:50:01	411
12	Dale Sprunger	46	M	11:51	18:58	18:00		0:48:49	412

	<u>HEAT 5</u>	START @ 9:30AM							
LANE #	NAME	AGE	M/F	SPLITS			PLACE	TOTAL	RACE #
				SWIM	BIKE	RUN			
1	Leigh Ann Verbeck	25	F	13:06	19:53	24:03:00		0:57:02	501
2	Kodi Panzer	28	F	10:40	18:48	17:00	1ST 20-29 F	0:46:28	502
3	Kristy Laufer	34	F	12:52	19:21	20:40		0:52:53	503
4	Tracy Johnson	44	F	11:42	22:13	32:05:00		0:56:00	504
5	Abby Thrash	26	F	12:55	20:22	20:08		0:53:25	505
6	Judy Stanton	47	F	11:15	15:56	20:35	1ST 40-49 F	0:47:46	506
7	Rich Wilson	60	M	12:45	16:17	20:09	1ST 60^ M	0:49:11	507
8	Matthew Hoyt	30	M	12:09	21:08	14:40		0:47:57	508
9	Troy Scarlett	43	M	10:10	17:45	19:14	3RD 40-49 M	0:47:09	509
10	Kaitlan Kleman	17	F	13:27	21:19	17:39	2ND 19U F	0:52:25	510
11	Teresa Robinson	54	F	12:16	19:30	17:18	1ST 50-59 F	0:49:04	511
12	Doug Bassett	36	M	9:14	15:55	16:19	1ST 30-39 M	0:41:28	512

HEAT 6

START @ 10:00AM

LANE #	NAME	AGE	M/F	SPLITS			PLACE	TOTAL	RACE #
				SWIM	BIKE	RUN			
1	Michael Lee	14	M	12:52	16:45	17:47:00	2ND 10-15 M	0:47:24	601
2	Tonya Mollerker	28?	F	9:51	17:22	16:42:00	2ND OVERALL F	0:44:05	602
3	Jackie Forsberg	27	F	12:32	17:40	17:52:00	2ND 20-29 F	0:48:04	603
4	Esther Hoon	19	F	9:16	23:39	23:51:00		8:46:00	604
5	John Flanders	42	M	11:59	17:45	19:34:00		0:49:18	605
6	Sarah Flauding	26	F	13:26	15:55	19:15:00	3RD 20-29 F	0:48:36	606
7	Jo Davis	30	F	13:05	18:48	21:13:00		0:53:26	607
8	Kristen Nguyen	30	F	12:32	16:20	21:26:00	3RD 30-39 F	0:51:18	608
9	Clark Roth	47	M	17:05	18:08	27:07:00		1:02:20	609
10	Lisa Davenport	36	F	17:23	23:30	26:58:00		1:07:51	610
11	Brandon Forsberg	37	M	15:41	20:26	20:43:00		0:56:50	611
12	Tammy Michaelson	52	F	12:39	18:04	22:12:00	2ND 50-59 F	0:52:55	612

