

**Ukiah Triathlon  
Age Group Results**

2011-09-11

J-ChipUSA.com

# Individual F1-19

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
442	Fitzgerald, Kelly swim ( 0:18:29.6 ) t1 ( 0:03:07.5 )	Santa Rosa, CA bike ( 1:24:36.8 ) t2 ( 0:01:10.4 )	16	F	2:10:29.2	1	64	205
425	conklin, nicole swim ( 0:20:00.0 ) t1 ( 0:02:39.9 )	healdsburg, CA bike ( 1:21:47.4 ) t2 ( 0:01:27.7 )	19	F	2:10:32.6	2	65	206
478	mcnichol, savannah swim ( 0:14:55.3 ) t1 ( 0:03:26.2 )	santa rosa, CA bike ( 1:46:12.6 ) t2 ( 0:02:15.1 )	17	F	2:39:00.7	3	122	291

## Individual F20-24

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
489	Pasternak, Tess swim ( 0:10:51.9 ) t1 ( 0:01:21.6 )	Sacramento, CA bike ( 1:08:01.2 ) t2 ( 0:01:23.9 )	24	F	1:41:29.3	1	5	40
446	Gordon, Molly Gordon swim ( 0:17:03.6 ) t1 ( 0:01:31.6 )	Santa Rosa, CA bike ( 1:01:29.6 ) t2 ( 0:01:20.2 )	24	F	1:43:02.2	2	7	46
463	Jutzy, Emily swim ( 0:17:51.1 ) t1 ( 0:01:38.6 )	Ukiah, CA bike ( 1:20:53.8 ) t2 ( 0:02:36.1 )	20	F	2:14:02.8	3	79	232
470	Lescher, Diana swim ( 0:18:29.2 ) t1 ( 0:04:14.8 )	Santa Rosa, CA bike ( 1:21:41.1 ) t2 ( 0:02:43.8 )	24	F	2:16:52.6	4	84	240
534	Opperman, Whitney swim ( 0:15:13.6 ) t1 ( 0:04:26.7 )	Healdsburg, CA bike ( 1:26:09.0 ) t2 ( 0:03:10.1 )	23	F	2:16:53.1	5	85	241

# Individual F25-29

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
539	Wright, Margaret swim ( 0:16:28.9 ) t1 ( 0:02:22.4 )	Windsor, CA bike ( 1:09:26.0 ) t2 ( 0:01:19.8 )	25	F	1:53:42.6	1	20	98
441	Fischer, Mariko swim ( 0:18:05.5 ) t1 ( 0:01:38.8 )	Santa Rosa, CA bike ( 1:09:26.9 ) t2 ( 0:00:59.4 )	28	F	1:54:43.6	2	22	102
422	Chow, Emma swim ( 0:17:51.2 ) t1 ( 0:01:46.8 )	Ukiah, CA bike ( 1:10:14.8 ) t2 ( 0:01:12.6 )	25	F	1:55:36.9	3	24	107
518	uhlemeyer, paige swim ( 0:15:28.6 ) t1 ( 0:02:31.8 )	greenbrae, CA bike ( 1:15:15.1 ) t2 ( 0:02:01.6 )	25	F	1:59:06.8	4	32	131
499	Rohanna, Jordan swim ( 0:16:06.0 ) t1 ( 0:02:50.9 )	Santa Rosa, CA bike ( 1:10:37.7 ) t2 ( 0:03:14.1 )	26	F	2:00:04.6	5	35	138
424	Conklin, Katie swim ( 0:16:38.7 ) t1 ( 0:02:49.7 )	Davis, CA bike ( 1:22:14.1 ) t2 ( 0:03:18.5 )	27	F	2:11:48.9	6	71	216
511	Smythe, Natalie swim ( 0:18:23.7 ) t1 ( 0:02:19.2 )	Santa Rosa, CA bike ( 1:21:17.1 ) t2 ( 0:03:14.8 )	28	F	2:13:02.4	7	75	223
412	Bourgeois, Amanda swim ( 0:19:03.1 ) t1 ( 0:02:40.5 )	Santa Rosa, CA bike ( 1:23:40.7 ) t2 ( 0:02:46.8 )	25	F	2:17:56.3	8	88	244
468	Le, Kim swim ( 0:22:21.0 ) t1 ( 0:03:14.6 )	Santa Rosa, CA bike ( 1:24:22.0 ) t2 ( 0:02:18.2 )	29	F	2:18:16.6	9	90	246
509	Slates, Christina swim ( 0:19:04.1 ) t1 ( 0:03:00.4 )	Potter Valley, CA bike ( 1:29:27.9 ) t2 ( 0:01:15.8 )	29	F	2:21:28.3	10	95	253
542	Palma, Lydia swim ( 0:19:17.8 ) t1 ( 0:05:11.4 )	Sacramento, CA bike ( 1:30:35.6 ) t2 ( 0:02:35.6 )	25	F	2:22:15.3	11	97	256

# Individual F30-34

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
459	Iavarone, Kristin swim ( 0:11:49.9 ) t1 ( 0:01:01.8 )	Santa Rosa, CA bike ( 0:58:43.0 ) t2 ( 0:00:52.8 )	31	F	1:31:13.8	1	1	9
480	Mitchell, Shannon swim ( 0:18:20.5 ) t1 ( 0:02:02.9 )	Santa Rosa, CA bike ( 1:02:52.4 ) t2 ( 0:01:13.7 )	31	F	1:45:22.5	2	8	60
532	Lewis, Angelina swim ( 0:16:30.2 ) t1 ( 0:02:56.4 )	Santa Rosa, CA bike ( 1:04:28.2 ) t2 ( 0:01:45.0 )	32	F	1:46:08.5	3	10	63
508	Sinigiani, Carmen swim ( 0:16:10.2 ) t1 ( 0:01:44.9 )	Sebastopol, CA bike ( 1:06:28.0 ) t2 ( 0:01:20.8 )	32	F	1:48:48.1	4	12	75
440	Figurski, Ann swim ( 0:19:39.7 ) t1 ( 0:02:22.4 )	Santa Rosa, CA bike ( 1:10:04.3 ) t2 ( 0:01:44.1 )	30	F	1:55:00.2	5	23	105
544	Garcia, Nicole swim ( 0:21:00.8 ) t1 ( 0:01:40.6 )	Gualala, Ca bike ( 1:08:26.7 ) t2 ( 0:01:46.9 )	31	F	1:56:17.2	6	25	111
528	Allen, Faith swim ( 0:14:28.9 ) t1 ( 0:02:34.5 )	Cazadero, CA bike ( 1:12:54.5 ) t2 ( 0:03:12.3 )	33	F	1:58:58.7	7	30	129
488	O'Bergin, Rebeca swim ( 0:16:12.5 ) t1 ( 0:02:51.0 )	ukiah, CA bike ( 1:13:08.6 ) t2 ( 0:01:56.9 )	34	F	1:59:05.4	8	31	130
448	griesert, kindra swim ( 0:16:35.0 ) t1 ( 0:01:42.3 )	grass valley, CA bike ( 1:14:25.1 ) t2 ( 0:01:58.3 )	34	F	1:59:09.4	9	33	132
513	Stanley, Jodi swim ( 0:16:18.6 ) t1 ( 0:02:50.6 )	Santa Rosa, CA bike ( 1:13:12.1 ) t2 ( 0:02:29.9 )	34	F	1:59:15.4	10	34	133
438	Farnsworth, Karen swim ( 0:18:17.2 ) t1 ( 0:02:42.7 )	Santa Rosa, CA bike ( 1:13:46.8 ) t2 ( 0:01:44.0 )	31	F	2:01:56.0	11	38	150
493	Powis, Lindsey swim ( 0:15:41.9 ) t1 ( 0:02:55.4 )	Potter Valley, CA bike ( 1:16:22.7 ) t2 ( 0:01:43.5 )	33	F	2:03:27.1	12	42	162
408	Basinger, Megan swim ( 0:18:09.5 ) t1 ( 0:03:11.6 )	Santa Rosa, CA bike ( 1:19:05.4 ) t2 ( 0:01:30.7 )	32	F	2:04:18.3	13	46	169
517	Todd, Shannon swim ( 0:15:04.8 ) t1 ( 0:04:47.1 )	Windsor, CA bike ( 1:20:10.4 ) t2 ( 0:01:43.8 )	34	F	2:05:58.7	14	52	178
453	Hager, Jessa swim ( 0:19:17.4 ) t1 ( 0:02:25.3 )	Mill Valley, CA bike ( 1:17:34.2 ) t2 ( 0:02:28.3 )	32	F	2:06:51.0	15	54	182
490	Perez, Jennifer swim ( 0:20:05.4 ) t1 ( 0:03:38.5 )	Hidden Valley La, CA bike ( 1:17:05.6 ) t2 ( 0:02:09.1 )	31	F	2:10:54.8	16	67	209
151	Wong, Jessie swim ( 0:19:37.1 ) t1 ( 0:03:29.3 )	San Rafael, CA bike ( 1:16:37.3 ) t2 ( 0:02:44.2 )	32	F	2:11:16.9	17	68	212
449	Gromala, Tanja swim ( 0:14:37.2 ) t1 ( 0:02:34.8 )	Willits, CA bike ( 1:30:16.6 ) t2 ( 0:02:02.8 )	32	F	2:16:59.0	18	86	242
432	Douglas, Tara swim ( 0:22:19.6 ) t1 ( 0:03:59.3 )	Rohnert Park, CA bike ( 1:27:09.3 ) t2 ( 0:02:18.6 )	31	F	2:20:05.2	19	93	251
454	Hansen, Erika swim ( 0:18:03.1 ) t1 ( 0:02:33.9 )	Rohnert Park, CA bike ( 1:26:14.7 ) t2 ( 0:03:35.2 )	32	F	2:23:19.9	20	99	260
434	Echols, Shaline swim ( 0:23:10.9 ) t1 ( 0:02:58.9 )	Cloverdale, CA bike ( 1:29:11.2 ) t2 ( 0:01:27.0 )	34	F	2:26:41.4	21	105	269
461	Jauregui, Jessica swim ( 0:19:53.6 ) t1 ( 0:03:44.9 )	Santa Rosa, CA bike ( 1:32:30.5 ) t2 ( 0:01:42.3 )	34	F	2:31:13.6	22	113	281
406	Baltasar, Michaela swim ( 0:32:28.2 ) t1 ( 0:02:36.1 )	Petaluma, CA bike ( 1:33:33.0 ) t2 ( 0:01:14.5 )	33	F	2:36:36.8	23	119	287
405	Baldwin, Stephanie swim ( 0:29:39.9 ) t1 ( 0:04:29.3 )	Cloverdale, CA bike ( 1:30:19.5 ) t2 ( 0:02:36.5 )	32	F	2:41:53.8	24	125	294

# Individual F35-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
531	Buescher, Jennifer	Cotati, CA	38	F	1:41:56.1	1	6	42
	swim ( 0:14:58.8 )	t1 ( 0:01:18.8 )	bike ( 1:02:00.2 )	t2 ( 0:01:04.9 )	run ( 0:22:33.3 )			
420	Cataldo, Jennifer	Santa Rosa, CA	36	F	1:48:59.7	2	13	77
	swim ( 0:14:33.9 )	t1 ( 0:01:39.1 )	bike ( 1:08:09.0 )	t2 ( 0:01:53.7 )	run ( 0:22:43.8 )			
530	Baker, Tina	Santa Rosa, CA	39	F	1:49:18.9	3	14	79
	swim ( 0:16:02.4 )	t1 ( 0:02:37.4 )	bike ( 1:06:45.3 )	t2 ( 0:02:26.6 )	run ( 0:21:27.0 )			
427	Covington, Emily	Rohnert Park, CA	35	F	1:50:58.9	4	16	83
	swim ( 0:14:56.2 )	t1 ( 0:01:49.7 )	bike ( 1:05:18.3 )	t2 ( 0:01:28.2 )	run ( 0:27:26.4 )			
447	Green, Monica	Santa Rosa, CA	38	F	1:51:08.4	5	17	84
	swim ( 0:16:30.7 )	t1 ( 0:01:56.0 )	bike ( 1:05:54.7 )	t2 ( 0:02:17.5 )	run ( 0:24:29.3 )			
538	Wood, Michelle	Santa Rosa, CA	39	F	1:54:16.0	6	21	100
	swim ( 0:17:07.6 )	t1 ( 0:03:22.1 )	bike ( 1:08:20.4 )	t2 ( 0:01:33.9 )	run ( 0:23:51.9 )			
466	Kinsel, Melissa	Hidden Valley La, CA	37	F	1:56:18.7	7	26	112
	swim ( 0:16:29.4 )	t1 ( 0:03:41.8 )	bike ( 1:10:52.4 )	t2 ( 0:01:45.3 )	run ( 0:23:29.6 )			
465	Kent, Cali	Santa Rosa, CA	38	F	1:56:33.8	8	27	114
	swim ( 0:18:46.0 )	t1 ( 0:02:25.0 )	bike ( 1:11:46.3 )	t2 ( 0:01:12.5 )	run ( 0:22:23.9 )			
529	anderson, rochelle	santa rosa, CA	39	F	1:58:23.7	9	28	124
	swim ( 0:14:48.1 )	t1 ( 0:01:23.1 )	bike ( 1:13:13.6 )	t2 ( 0:02:22.6 )	run ( 0:26:36.1 )			
431	Diage, Darci	Rohnert Park, CA	35	F	2:01:28.0	10	37	146
	swim ( 0:18:29.9 )	t1 ( 0:02:21.9 )	bike ( 1:15:40.6 )	t2 ( 0:01:48.8 )	run ( 0:23:06.5 )			
404	Astley, Joy	Hidden Valley La, CA	38	F	2:04:31.8	11	47	170
	swim ( 0:19:07.0 )	t1 ( 0:01:46.9 )	bike ( 1:21:10.8 )	t2 ( 0:01:24.4 )	run ( 0:21:02.6 )			
523	Woodson, Teri	Windsor, CA	37	F	2:05:36.6	12	50	175
	swim ( 0:20:27.0 )	t1 ( 0:02:31.5 )	bike ( 1:15:03.7 )	t2 ( 0:02:31.2 )	run ( 0:25:03.0 )			
543	Chaney, Bethany	Ukiah, CA	37	F	2:05:57.6	13	51	177
	swim ( 0:18:48.3 )	t1 ( 0:03:15.3 )	bike ( 1:14:25.3 )	t2 ( 0:01:34.3 )	run ( 0:27:54.1 )			
433	Dyer, Shandria	Windsor, CA	36	F	2:08:18.6	14	59	192
	swim ( 0:18:35.7 )	t1 ( 0:02:26.1 )	bike ( 1:17:35.4 )	t2 ( 0:02:14.4 )	run ( 0:27:26.7 )			
545	Calderon, Marcy	Windsor, CA	35	F	2:13:31.6	15	77	228
	swim ( 0:17:27.7 )	t1 ( 0:03:53.9 )	bike ( 1:22:17.5 )	t2 ( 0:02:21.4 )	run ( 0:27:30.9 )			
437	Farnham, Jessica	Santa Rosa, CA	35	F	2:18:01.9	16	89	245
	swim ( 0:15:50.7 )	t1 ( 0:03:14.7 )	bike ( 1:27:03.3 )	t2 ( 0:02:38.9 )	run ( 0:29:14.1 )			
464	Kelleher, Susan	Santa Rosa, CA	37	F	2:23:16.3	17	98	259
	swim ( 0:25:23.0 )	t1 ( 0:03:42.8 )	bike ( 1:21:21.0 )	t2 ( 0:04:21.1 )	run ( 0:28:28.3 )			
521	Windrem, Jessica	Lakeport, CA	35	F	2:26:16.8	18	102	264
	swim ( 0:18:40.0 )	t1 ( 0:03:14.3 )	bike ( 1:31:01.9 )	t2 ( 0:02:23.2 )	run ( 0:30:57.2 )			
115	Ramsey, Shannon	Mckinnleyville, CA	36	F	2:27:04.8	19	107	271
	swim ( 0:24:27.5 )	t1 ( 0:04:45.3 )	bike ( 1:25:42.5 )	t2 ( 0:01:24.0 )	run ( 0:30:45.3 )			
496	Rennie, Meredith	Windsor, CA	38	F	2:31:49.2	20	114	282
	swim ( 0:24:54.3 )	t1 ( 0:04:29.5 )	bike ( 1:29:20.9 )	t2 ( 0:02:23.7 )	run ( 0:30:40.6 )			
455	Hansen, Kjersti	Santa Rosa, CA	37	F	2:40:20.6	21	123	292
	swim ( 0:22:17.9 )	t1 ( 0:04:11.0 )	bike ( 1:38:33.1 )	t2 ( 0:03:02.8 )	run ( 0:32:15.6 )			
495	Rennie, Christie	Windsor, CA	39	F	2:52:42.7	22	126	298
	swim ( 0:24:12.5 )	t1 ( 0:05:26.6 )	bike ( -- )	t2 ( 1:53:25.9 )	run ( 0:29:37.5 )			
527	Zunino, Giulia	Windsor, CA	36	F	3:00:47.5	23	129	301
	swim ( 0:19:11.4 )	t1 ( 0:05:43.5 )	bike ( 1:45:44.0 )	t2 ( 0:03:25.5 )	run ( 0:46:42.9 )			
481	Monks, Amy	Santa Rosa, CA	38	F	--	--	--	--
	swim ( 0:32:26.9 )	t1 ( 0:03:35.9 )	bike ( -- )	t2 ( -- )	run ( -- )			

# Individual F40-44

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
525	Young, Kim swim ( 0:16:42.5 ) t1 ( 0:02:28.0 )	Santa Rosa, CA bike ( 1:08:32.6 ) t2 ( 0:01:17.3 )	44	F	1:50:44.0	1	15	82
458	Hunter, Kelley swim ( 0:12:28.6 ) t1 ( 0:02:54.0 )	Windsor, CA bike ( 1:12:23.3 ) t2 ( 0:02:31.9 )	44	F	1:58:48.6	2	29	127
512	Snodgrass, Katherine swim ( 0:20:15.6 ) t1 ( 0:01:52.9 )	Santa Rosa, CA bike ( 1:13:45.4 ) t2 ( 0:02:05.8 )	42	F	2:02:40.7	3	41	159
462	Johnson, Kelley swim ( 0:15:41.7 ) t1 ( 0:02:44.0 )	Santa Rosa, CA bike ( 1:13:56.4 ) t2 ( 0:04:23.9 )	42	F	2:03:41.7	4	44	166
498	Roche, Jana swim ( 0:17:41.4 ) t1 ( 0:04:18.0 )	Santa Rosa, CA bike ( 1:13:51.7 ) t2 ( 0:01:46.6 )	42	F	2:03:52.9	5	45	167
414	Burke, Nicole swim ( 0:18:53.1 ) t1 ( 0:03:26.7 )	Santa Rosa, CA bike ( 1:14:13.5 ) t2 ( 0:02:18.4 )	40	F	2:05:04.1	6	48	173
430	Cutler, Maria swim ( 0:18:45.5 ) t1 ( 0:02:52.3 )	Santa Rosa, CA bike ( 1:17:57.6 ) t2 ( 0:02:54.0 )	41	F	2:06:03.9	7	53	180
507	Simoni, Buffy swim ( 0:14:30.2 ) t1 ( 0:02:45.0 )	Sebastopol, CA bike ( 1:18:51.8 ) t2 ( 0:01:56.2 )	42	F	2:07:03.3	8	56	185
419	Casey, Lisa swim ( 0:17:21.8 ) t1 ( 0:03:37.5 )	Santa Rosa, CA bike ( 1:16:24.3 ) t2 ( 0:01:41.0 )	41	F	2:07:39.9	9	58	189
506	Silverstein, Kelly swim ( 0:18:53.5 ) t1 ( 0:04:21.4 )	Sebastopol, CA bike ( 1:15:30.0 ) t2 ( 0:02:16.4 )	43	F	2:08:55.1	10	60	196
522	Wolski, Leslie swim ( 0:17:24.3 ) t1 ( 0:01:55.8 )	Santa Rosa, CA bike ( 1:21:28.8 ) t2 ( 0:01:26.8 )	43	F	2:09:59.0	11	61	202
515	Swartz, Christiane swim ( 0:16:31.4 ) t1 ( 0:03:22.4 )	Ukiah, CA bike ( 1:17:04.2 ) t2 ( 0:02:34.8 )	41	F	2:10:34.8	12	66	207
417	Carlisle, Sarah swim ( 0:18:42.1 ) t1 ( 0:03:45.2 )	Middletown, CA bike ( 1:24:46.3 ) t2 ( 0:02:15.4 )	40	F	2:12:50.1	13	73	221
423	cobb, cheryl swim ( 0:16:41.7 ) t1 ( 0:03:27.0 )	Healdsburg, CA bike ( 1:22:43.5 ) t2 ( 0:02:34.9 )	40	F	2:13:39.4	14	78	229
476	McCullough, Andrea swim ( 0:21:48.6 ) t1 ( 0:02:11.7 )	Ukiah, CA bike ( 1:18:24.5 ) t2 ( 0:02:26.7 )	41	F	2:14:20.5	15	80	233
467	Krueger, Julie swim ( 0:17:35.0 ) t1 ( 0:02:20.8 )	Healdsburg, CA bike ( 1:20:39.3 ) t2 ( 0:02:17.7 )	42	F	2:15:40.7	16	82	236
491	Petersen, Shannon swim ( 0:26:30.8 ) t1 ( 0:03:22.5 )	Ukiah, CA bike ( 1:20:22.6 ) t2 ( 0:02:37.7 )	40	F	2:17:23.3	17	87	243
439	Field, Charla swim ( 0:25:42.6 ) t1 ( 0:01:49.3 )	Hidden Valley La, CA bike ( 1:21:49.3 ) t2 ( 0:02:04.4 )	40	F	2:19:55.4	18	92	250
460	JAMES, JENNIFER swim ( 0:19:03.5 ) t1 ( 0:03:38.2 )	HEALDSBURG, CA bike ( 1:24:57.5 ) t2 ( 0:02:07.1 )	41	F	2:22:02.1	19	96	255
445	Gibbons, Lesley swim ( 0:18:48.3 ) t1 ( 0:02:31.9 )	Santa Rosa, CA bike ( 1:27:45.3 ) t2 ( 0:02:49.6 )	41	F	2:26:30.6	20	104	268
536	Wetherell, Wendy swim ( 0:20:29.7 ) t1 ( 0:02:26.1 )	Healdsburg, CA bike ( 1:22:45.4 ) t2 ( 0:02:31.7 )	44	F	2:29:55.3	21	109	275
451	Haavik, Holly swim ( 0:18:33.5 ) t1 ( 0:04:01.1 )	Rohnert park, CA bike ( 1:34:55.0 ) t2 ( 0:02:01.8 )	41	F	2:32:18.5	22	116	284
410	Berger, Kristin swim ( 0:14:45.1 ) t1 ( 0:04:45.0 )	Santa Rosa, CA bike ( 1:36:37.5 ) t2 ( 0:05:39.3 )	44	F	2:34:06.1	23	117	285
484	Musco, Alison swim ( 0:28:12.7 ) t1 ( 0:03:23.6 )	Santa Rosa, CA bike ( 1:32:50.4 ) t2 ( 0:03:10.7 )	40	F	2:37:35.8	24	121	289

# Individual F40-44

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
541	Condos, Mel swim ( 0:23:09.4 ) t1 ( 0:03:06.7 )	Pacifica, CA bike ( 1:32:13.9 ) t2 ( 0:02:16.8 )	42	F	2:41:46.1	25	124	293
				run ( 0:40:59.1 )				



## Individual F45-49

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
409	Behler, Loni swim ( 0:14:37.1 ) t1 ( 0:02:32.1 )	Santa Rosa, CA bike ( 1:04:42.7 ) t2 ( 0:01:58.4 )	47	F	1:47:21.0	1	11	71
535	richards, Patty swim ( 0:15:52.1 ) t1 ( 0:02:31.9 )	Ukiah, CA bike ( 1:11:41.1 ) t2 ( 0:02:01.2 )	48	F	1:53:31.9	2	18	95
457	Hillegas, Lisa swim ( 0:16:07.4 ) t1 ( 0:01:48.1 )	Ukiah, CA bike ( 1:11:11.2 ) t2 ( 0:01:49.7 )	47	F	1:53:34.6	3	19	97
487	Nunnenkamp, Diana swim ( 0:15:00.3 ) t1 ( 0:02:57.8 )	brentwood, CA bike ( 1:16:59.5 ) t2 ( 0:01:56.3 )	45	F	2:00:39.7	4	36	142
428	Crawford, Marie swim ( 0:17:06.7 ) t1 ( 0:02:18.9 )	Santa Rosa, CA bike ( 1:13:39.9 ) t2 ( 0:01:55.8 )	45	F	2:02:10.8	5	39	155
472	logan, christine swim ( 0:22:32.7 ) t1 ( 0:02:55.7 )	santa rosa, CA bike ( 1:13:34.5 ) t2 ( 0:02:14.2 )	48	F	2:07:29.5	6	57	186
426	Cordano, Robin swim ( 0:19:44.7 ) t1 ( 0:03:40.4 )	Sonoma, CA bike ( 1:21:14.9 ) t2 ( 0:02:59.5 )	48	F	2:12:57.0	7	74	222

# Individual F50-54

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
421	Chequer-Pfeiffer, Karen swim ( 0:11:29.9 ) t1 ( 0:00:37.7 )	Windsor, CA bike ( 1:00:33.7 ) t2 ( 0:01:01.8 )	53	F	1:34:51.3	1	2	17
411	black, liz swim ( 0:13:22.7 ) t1 ( 0:01:29.1 )	ukiah, CA bike ( 1:01:39.1 ) t2 ( 0:01:09.3 )	53	F	1:38:17.5	2	3	28
537	Wick, Holly swim ( 0:14:30.3 ) t1 ( 0:01:11.8 )	Petaluma, CA bike ( 1:02:21.5 ) t2 ( 0:01:02.5 )	53	F	1:39:29.3	3	4	34
418	Carver, Alice swim ( 0:18:08.7 ) t1 ( 0:01:25.7 )	Windsor, CA bike ( 1:15:46.3 ) t2 ( 0:02:02.2 )	51	F	2:02:25.0	4	40	156
452	Hackett, Karen swim ( 0:16:25.0 ) t1 ( 0:02:54.4 )	Santa Rosa, CA bike ( 1:15:02.7 ) t2 ( 0:03:55.0 )	50	F	2:05:35.1	5	49	174
526	Zoia, Rose swim ( 0:23:24.2 ) t1 ( 0:02:34.9 )	Santa Rosa, CA bike ( 1:15:41.0 ) t2 ( 0:01:36.4 )	50	F	2:07:01.4	6	55	184
494	Reed, Linda swim ( 0:17:01.7 ) t1 ( 0:04:22.1 )	Santa Rosa, CA bike ( 1:17:43.3 ) t2 ( 0:02:50.1 )	51	F	2:10:04.5	7	62	203
497	Roberts, Anila swim ( 0:20:32.7 ) t1 ( 0:04:11.3 )	Cotati, CA bike ( 1:17:41.2 ) t2 ( 0:02:20.1 )	54	F	2:10:19.3	8	63	204
474	Lydon, Kimberly swim ( 0:17:06.3 ) t1 ( 0:02:08.7 )	Forestville, CA bike ( 1:21:36.4 ) t2 ( 0:02:54.2 )	51	F	2:11:18.3	9	69	213
540	Rice, Margie swim ( 0:22:19.2 ) t1 ( 0:02:55.7 )	Ukiah, CA bike ( 1:18:06.0 ) t2 ( 0:02:06.1 )	50	F	2:11:35.9	10	70	214
504	Royston, Christina swim ( 0:17:18.5 ) t1 ( 0:02:42.2 )	Santa Rosa, CA bike ( 1:20:04.7 ) t2 ( 0:02:49.6 )	51	F	2:15:11.1	11	81	234
415	Burnett, Jeanine swim ( 0:20:50.7 ) t1 ( 0:03:43.2 )	Hidden Valley La, CA bike ( 1:23:38.3 ) t2 ( 0:01:45.2 )	52	F	2:16:29.6	12	83	239
501	Roth, Sherrilyn swim ( 0:21:45.5 ) t1 ( 0:02:17.2 )	St Helena, CA bike ( 1:23:48.8 ) t2 ( 0:02:09.4 )	53	F	2:21:22.5	13	94	252
475	Mason, Virginia swim ( 0:21:42.3 ) t1 ( 0:02:23.2 )	santa rosa, CA bike ( 1:24:08.4 ) t2 ( 0:02:02.7 )	54	F	2:25:01.0	14	101	262
524	woolley, stacy swim ( 0:18:17.4 ) t1 ( 0:02:46.9 )	mill valley, CA bike ( 1:25:57.1 ) t2 ( 0:03:43.1 )	52	F	2:26:21.6	15	103	265
510	Sliz, Christine swim ( 0:24:02.5 ) t1 ( 0:02:17.5 )	Petaluma, CA bike ( 1:25:19.6 ) t2 ( 0:02:06.7 )	53	F	2:26:49.9	16	106	270
519	Veit, Cheryl swim ( 0:21:38.1 ) t1 ( 0:03:44.7 )	Windsor, CA bike ( 1:27:22.0 ) t2 ( 0:04:16.2 )	52	F	2:28:02.0	17	108	273
477	mcnichol, felicity swim ( 0:18:36.2 ) t1 ( 0:04:40.1 )	santa rosa, CA bike ( 1:36:04.7 ) t2 ( 0:03:01.2 )	52	F	2:30:32.8	18	110	278
450	Guest, Jackie swim ( 0:19:33.7 ) t1 ( 0:05:30.6 )	Santa Rosa, CA bike ( 1:26:28.2 ) t2 ( 0:04:33.1 )	51	F	2:30:56.7	19	111	279
403	Alderson, Robin swim ( 0:23:46.2 ) t1 ( 0:04:48.3 )	Novato, CA bike ( 1:34:06.0 ) t2 ( 0:03:44.8 )	52	F	2:36:23.4	20	118	286
443	Friedlander, Clare swim ( 0:20:14.4 ) t1 ( 0:04:16.2 )	Redwood Valley, CA bike ( 1:31:48.0 ) t2 ( 0:02:09.9 )	52	F	2:37:24.9	21	120	288
435	emad, lela swim ( 0:25:43.9 ) t1 ( -- )	santa rosa, CA bike ( 1:52:50.5 ) t2 ( 0:03:14.0 )	50	F	3:00:50.8	22	130	302
533	Lintott, Meredith swim ( 0:20:10.1 ) t1 ( 0:07:09.4 )	Redwood Valley, CA bike ( -- ) t2 ( -- )	53	F	--	--	--	--

# Individual F55-59

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
469	LEE, DENI swim ( 0:13:24.7 ) t1 ( 0:01:50.7 )	CALPELLA, CA bike ( 1:07:46.2 ) t2 ( 0:01:39.7 )	55	F	1:45:55.9	1	9	61
413	Brumley, Elisabeth swim ( 0:19:29.0 ) t1 ( 0:01:51.5 )	Napa, CA bike ( 1:10:15.8 ) t2 ( 0:02:34.8 )	55	F	2:03:34.7	2	43	164
456	Hardin, Katherine swim ( 0:18:06.0 ) t1 ( 0:04:43.7 )	Santa Rosa, CA bike ( 1:13:05.5 ) t2 ( 0:03:55.7 )	56	F	2:13:10.4	3	76	224
516	Teeter, Diana swim ( 0:20:15.6 ) t1 ( 0:02:56.7 )	Guerneville, CA bike ( 1:22:44.2 ) t2 ( 0:03:29.6 )	57	F	2:19:16.9	4	91	247
479	Miller, Maggie swim ( 0:24:07.2 ) t1 ( 0:00:27.0 )	Santa Rosa, CA bike ( 1:32:39.5 ) t2 ( 0:02:52.1 )	56	F	2:31:02.6	5	112	280
401	Acocella, Daria swim ( 0:19:54.8 ) t1 ( 0:05:38.7 )	Santa Rosa, CA bike ( 1:31:24.1 ) t2 ( 0:03:30.6 )	55	F	2:31:49.7	6	115	283
436	ERICKSON, KATE swim ( 0:24:13.3 ) t1 ( 0:08:15.5 )	FORT BRAGG, CA bike ( 1:38:54.4 ) t2 ( 0:06:38.9 )	57	F	2:54:07.1	7	127	299
505	Rzeplinski, Kathleen swim ( 0:18:33.8 ) t1 ( 0:03:43.9 )	Mendocino, CA bike ( 1:48:14.5 ) t2 ( 0:03:06.7 )	56	F	3:05:11.4	8	132	304

## Individual F60-64

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
485	Noble, Susan swim ( 0:20:46.5 ) t1 ( 0:05:23.0 )	Santa Rosa, CA bike ( 1:12:57.3 ) t2 ( 0:02:13.1 )	63	F	2:12:47.0	1	72	219
407	Bartee, Deborah swim ( 0:23:17.0 ) t1 ( 0:04:25.1 )	Windsor, CA bike ( 1:25:01.5 ) t2 ( 0:03:18.2 )	60	F	2:24:28.6	2	100	261
416	buske, lynne swim ( 0:23:32.6 ) t1 ( 0:03:18.4 )	ukiah, CA bike ( 1:45:25.9 ) t2 ( 0:01:37.6 )	62	F	2:57:08.9	3	128	300

# Individual F65-69

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
444	Gariss, Donna swim ( 0:25:28.8 ) t1 ( 0:04:57.8 )	Santa Rosa, CA bike ( 1:43:41.0 ) t2 ( 0:03:39.9 )	66	F	3:02:24.7	1	131	303
				run ( 0:44:37.1 )				

# Individual M1-19

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
91	Martinez, Caleb swim ( 0:10:54.2 ) t1 ( 0:01:51.7 )	WINDSOR, CA bike ( 1:04:25.3 ) t2 ( 0:01:21.6 )	17	M	1:36:42.3	1	21	23
72	holden jr, paul swim ( 0:13:20.0 ) t1 ( 0:02:32.9 )	ukiah, CA bike ( 1:04:30.3 ) t2 ( 0:00:45.6 )	15	M	1:37:46.2	2	25	27
37	Disney, Connor swim ( 0:16:03.6 ) t1 ( 0:01:38.6 )	Lakeport, CA bike ( 1:03:55.7 ) t2 ( 0:00:41.5 )	15	M	1:43:03.9	3	40	47
51	Franicevich, Tom swim ( 0:10:53.9 ) t1 ( 0:03:16.6 )	Petaluma, CA bike ( 1:09:19.5 ) t2 ( 0:00:57.6 )	16	M	1:46:36.1	4	55	65
6	Anderson, Daniel swim ( 0:15:49.6 ) t1 ( 0:01:09.6 )	San Francisco, CA bike ( 1:16:19.6 ) t2 ( 0:01:12.6 )	16	M	1:56:14.2	5	85	109
10	Au-Yeung, Noah swim ( 0:15:59.1 ) t1 ( 0:01:02.4 )	Windsor, CA bike ( 1:18:35.1 ) t2 ( 0:01:04.4 )	14	M	1:56:14.5	6	86	110
45	Fain, Adam swim ( 0:21:00.4 ) t1 ( 0:05:21.4 )	Sebastopol, CA bike ( 1:08:02.3 ) t2 ( 0:04:13.0 )	17	M	1:57:41.4	7	92	119
153	Yaeger, Jack swim ( 0:16:50.3 ) t1 ( 0:01:44.7 )	Windsor, CA bike ( 1:19:43.9 ) t2 ( 0:01:17.6 )	14	M	2:01:53.6	8	112	149
176	Schat, Buck swim ( 0:20:22.1 ) t1 ( 0:02:55.1 )	Ukiah, Ca bike ( 1:16:39.9 ) t2 ( 0:00:43.6 )	17	M	2:04:42.8	9	124	171
36	Disney, Brandon swim ( 0:16:03.0 ) t1 ( 0:03:34.3 )	Lakeport, CA bike ( 1:26:09.2 ) t2 ( 0:01:56.3 )	18	M	2:15:53.7	10	155	237
78	Keel, Kyle swim ( 0:15:04.5 ) t1 ( 0:04:00.1 )	Healdsburg, CA bike ( 1:25:28.4 ) t2 ( 0:01:39.9 )	18	M	2:16:18.5	11	156	238
159	mckeen, brendan swim ( 0:13:49.4 ) t1 ( 0:02:13.1 )	windsor, CA bike ( -- ) t2 ( -- )	14	M	--	--	--	--

## Individual M20-24

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
160	Obergin, sebastian swim ( 0:16:20.7 ) t1 ( 0:03:22.0 )	ukiah, CA bike ( 1:03:40.6 ) t2 ( 0:01:34.3 )	20	M	1:40:43.2	1	34	38
129	Snyder, Trent swim ( 0:16:56.3 ) t1 ( 0:03:52.9 )	Ukiah, CA bike ( 1:12:43.5 ) t2 ( 0:02:28.0 )	22	M	1:58:20.1	2	96	123
110	Phelan, Vicente swim ( 0:19:41.0 ) t1 ( 0:02:37.2 )	Redwood Valley, CA bike ( 1:18:10.5 ) t2 ( 0:01:18.3 )	22	M	2:02:50.3	3	119	160
9	Arendt, Nick swim ( 0:19:14.2 ) t1 ( 0:05:12.0 )	Ukiah, CA bike ( 1:29:33.7 ) t2 ( 0:03:48.8 )	22	M	2:22:28.8	4	161	258
116	Rebich, Ben swim ( 0:34:37.0 ) t1 ( 0:03:13.4 )	windsor, CA bike ( 1:21:41.3 ) t2 ( 0:02:12.6 )	21	M	2:29:23.3	5	166	274

# Individual M25-29

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
187	Smith, Jeremy swim ( 0:18:50.9 ) t1 ( 0:01:15.7 )	Covelo, Ca bike ( 0:57:29.6 ) t2 ( 0:00:56.4 )	29	M	1:36:17.2	1	17	19
98	mozzat, elliott swim ( 0:14:55.2 ) t1 ( 0:01:37.9 )	cotati, CA bike ( 1:01:38.5 ) t2 ( 0:01:48.3 )	27	M	1:39:21.0	2	29	32
106	Opperman, Andrew swim ( 0:14:14.3 ) t1 ( 0:03:00.5 )	Windsor, CA bike ( 1:05:00.1 ) t2 ( 0:01:23.4 )	27	M	1:44:02.2	3	47	54
5	Altes, Mark swim ( 0:14:11.0 ) t1 ( 0:02:58.6 )	Santa Rosa, CA bike ( 1:04:29.1 ) t2 ( 0:01:10.9 )	28	M	1:44:16.1	4	50	57
150	Wise, Jason swim ( 0:19:58.8 ) t1 ( 0:03:48.2 )	Rohnert Park, CA bike ( 1:09:35.4 ) t2 ( 0:01:33.4 )	27	M	1:52:14.0	5	74	91
520	Weis, David swim ( 0:17:01.9 ) t1 ( 0:02:11.0 )	Redwood Valley, CA bike ( 1:00:50.3 ) t2 ( 0:01:10.0 )	27	M	1:52:23.9	6	75	92
132	Swanson, Robert swim ( 0:21:14.8 ) t1 ( 0:02:59.5 )	Hopland, CA bike ( 1:11:38.9 ) t2 ( 0:01:32.2 )	28	M	2:01:15.8	7	109	145
111	Pirc, Tony swim ( 0:21:34.8 ) t1 ( 0:02:16.2 )	Santa Rosa, CA bike ( 1:14:24.6 ) t2 ( 0:02:42.9 )	28	M	2:06:02.0	8	127	179
175	Palma, David swim ( 0:14:29.2 ) t1 ( 0:12:47.6 )	Sacramento, Ca bike ( 1:30:35.2 ) t2 ( 0:02:36.5 )	27	M	2:25:03.6	9	162	263
50	Flynn, Nick swim ( 0:24:48.6 ) t1 ( 0:05:51.7 )	Ukaih, CA bike ( 1:33:10.3 ) t2 ( 0:02:41.2 )	26	M	2:30:28.6	10	168	277
126	Sharp, Leland swim ( 0:16:23.8 ) t1 ( 0:04:10.9 )	Middletown, CA bike ( 2:02:28.4 ) t2 ( 0:01:17.1 )	29	M	2:45:26.9	11	172	297



# Individual M30-34

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
181	Astell, Brian	Gualala, Ca	30	M	1:29:38.9	1	5	5
	swim ( 0:12:17.9 )	t1 ( 0:01:12.6 )	bike ( 1:00:13.4 )	t2 ( 0:00:39.4 )	run ( 0:15:15.4 )			
65	Griesert, Nathanael	Grass Valley, CA	34	M	1:30:39.8	2	8	8
	swim ( 0:12:42.7 )	t1 ( 0:01:29.6 )	bike ( 0:57:30.2 )	t2 ( 0:00:58.7 )	run ( 0:17:58.4 )			
60	Gindy, David	Santa Rosa, CA	33	M	1:39:42.2	3	31	35
	swim ( 0:13:30.3 )	t1 ( 0:02:08.2 )	bike ( 1:01:26.0 )	t2 ( 0:01:19.6 )	run ( 0:21:17.8 )			
23	Chaffee, Garrison	Santa Rosa, CA	34	M	1:41:58.9	4	37	43
	swim ( 0:12:10.2 )	t1 ( 0:02:13.1 )	bike ( 1:04:05.6 )	t2 ( 0:01:25.2 )	run ( 0:22:04.6 )			
69	Hensch, Joshua	Santa Rosa, CA	32	M	1:42:29.4	5	38	44
	swim ( 0:17:08.1 )	t1 ( 0:02:53.8 )	bike ( 1:02:35.8 )	t2 ( 0:00:55.6 )	run ( 0:18:55.9 )			
74	hughey, andrew	gualala, CA	34	M	1:43:15.0	6	43	50
	swim ( 0:12:26.2 )	t1 ( 0:02:31.2 )	bike ( 1:06:13.6 )	t2 ( 0:01:27.9 )	run ( 0:20:36.0 )			
4	Alejos, Chris	Santa Rosa, CA	32	M	1:43:45.0	7	45	52
	swim ( 0:14:35.0 )	t1 ( 0:02:10.5 )	bike ( 1:05:15.2 )	t2 ( 0:01:31.8 )	run ( 0:20:12.3 )			
13	Barretta, Lucas	Petaluma, CA	34	M	1:43:51.9	8	46	53
	swim ( 0:13:18.0 )	t1 ( 0:01:47.7 )	bike ( 1:05:31.7 )	t2 ( 0:01:01.7 )	run ( 0:22:12.7 )			
18	Borg, Josh	Windsor, CA	33	M	1:44:09.7	9	49	56
	swim ( 0:15:52.5 )	t1 ( 0:03:01.9 )	bike ( 1:04:00.3 )	t2 ( 0:01:45.1 )	run ( 0:19:29.7 )			
149	Wing, Scott	Santa Rosa, CA	34	M	1:44:39.7	10	51	58
	swim ( 0:14:54.3 )	t1 ( 0:03:01.4 )	bike ( 1:02:48.4 )	t2 ( 0:02:13.4 )	run ( 0:21:41.9 )			
137	Thompson, Aaron	San Anselmo, CA	30	M	1:46:39.7	11	56	66
	swim ( 0:19:57.3 )	t1 ( 0:01:36.3 )	bike ( 1:01:22.2 )	t2 ( 0:01:20.5 )	run ( 0:22:23.2 )			
180	Padilla, Mike	Santa Rosa, Ca	30	M	1:47:58.0	12	62	73
	swim ( 0:16:28.5 )	t1 ( 0:03:55.3 )	bike ( 0:59:43.3 )	t2 ( 0:03:00.4 )	run ( 0:24:50.2 )			
121	Rounds, Zachary	Santa Rosa, CA	33	M	1:51:42.6	13	71	88
	swim ( 0:16:19.3 )	t1 ( 0:04:22.1 )	bike ( 1:05:59.3 )	t2 ( 0:02:00.9 )	run ( 0:23:00.7 )			
17	Berger, John	San Francisco, CA	30	M	1:52:10.7	14	72	89
	swim ( 0:15:01.6 )	t1 ( 0:03:00.2 )	bike ( -- )	t2 ( 1:17:14.7 )	run ( 0:16:54.0 )			
96	Mitchell, David	Santa rosa, CA	31	M	1:53:16.2	15	77	94
	swim ( 0:17:59.3 )	t1 ( 0:02:35.6 )	bike ( 1:09:35.9 )	t2 ( 0:01:14.4 )	run ( 0:21:50.9 )			
135	Taylor, Matthew	Santa Rosa, CA	34	M	2:01:35.6	16	110	147
	swim ( 0:13:16.2 )	t1 ( 0:04:00.8 )	bike ( 1:18:42.6 )	t2 ( 0:02:26.7 )	run ( 0:23:09.1 )			
75	Huwiler, Peter	Windsor, CA	34	M	2:01:56.3	17	113	151
	swim ( 0:16:57.9 )	t1 ( 0:04:04.6 )	bike ( 1:10:57.6 )	t2 ( 0:02:52.7 )	run ( 0:27:03.2 )			
130	Spaulding, Jared	Windsor, CA	31	M	2:02:52.7	18	120	161
	swim ( 0:19:06.4 )	t1 ( 0:02:27.3 )	bike ( 1:11:02.7 )	t2 ( 0:03:00.3 )	run ( 0:27:15.8 )			
114	Ramos, Michael	Windsor, CA	34	M	2:09:26.9	19	137	197
	swim ( 0:20:49.5 )	t1 ( 0:04:58.8 )	bike ( 1:17:23.7 )	t2 ( 0:02:22.8 )	run ( 0:23:52.0 )			
167	Vander Vennet, Tim	Petaluma, CA	33	M	2:12:21.1	20	147	218
	swim ( 0:19:45.6 )	t1 ( 0:03:00.0 )	bike ( 1:16:17.4 )	t2 ( 0:02:28.0 )	run ( 0:30:49.9 )			
108	Painter, Jimmy	Ukiah, CA	33	M	2:13:23.8	21	149	225
	swim ( 0:19:50.5 )	t1 ( 0:02:26.1 )	bike ( 1:21:18.2 )	t2 ( 0:01:52.1 )	run ( 0:27:56.7 )			
188	Glover, Kevin	Santa Rosa, Ca	31	M	2:21:47.9	22	159	254
	swim ( 0:24:41.2 )	t1 ( 0:06:07.8 )	bike ( 1:22:03.6 )	t2 ( 0:03:20.7 )	run ( 0:25:34.5 )			
32	Cortese, Vincent	Santa Rosa, CA	34	M	2:37:39.4	23	169	290
	swim ( 0:20:33.9 )	t1 ( 0:04:27.2 )	bike ( 1:23:41.7 )	t2 ( 0:03:09.0 )	run ( 0:45:47.4 )			
141	ulitin, sean	napa, CA	34	M	3:08:08.4	24	173	305
	swim ( 0:16:47.6 )	t1 ( 0:02:38.5 )	bike ( 2:15:39.2 )	t2 ( 0:01:51.2 )	run ( 0:31:11.7 )			

# Individual M35-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
169	Simpkins, Ted swim ( 0:09:06.6 ) t1 ( 0:00:41.3 )	Santa Rosa, Ca bike ( 0:50:39.0 ) t2 ( 0:00:43.4 )	37	M	1:17:59.8	1	1	1
21	Buchholz, Kevin swim ( 0:11:36.1 ) t1 ( 0:01:14.7 )	Santa Rosa, CA bike ( 0:54:46.1 ) t2 ( 0:00:41.1 )	35	M	1:25:51.0	2	2	2
161	Palko, Jady swim ( 0:12:38.7 ) t1 ( 0:01:19.0 )	Windsor, CA bike ( 0:54:43.8 ) t2 ( 0:01:07.9 )	38	M	1:27:53.8	3	4	4
164	Suhr, Brad swim ( 0:13:47.1 ) t1 ( 0:01:14.8 )	Calistoga, CA bike ( 0:55:09.9 ) t2 ( 0:00:54.6 )	36	M	1:29:52.2	4	7	7
20	Brown, Erik swim ( 0:13:05.2 ) t1 ( 0:02:05.0 )	Santa Rosa, CA bike ( 0:57:58.8 ) t2 ( 0:01:04.7 )	38	M	1:32:22.8	5	10	11
97	Mitchell, Jeff swim ( 0:11:22.5 ) t1 ( 0:01:22.9 )	Santa Rosa, CA bike ( 0:58:09.9 ) t2 ( 0:01:21.1 )	37	M	1:33:37.3	6	14	15
49	Farnsworth, Scott swim ( 0:15:20.6 ) t1 ( 0:02:07.1 )	Santa Rosa, CA bike ( 0:59:18.7 ) t2 ( 0:01:35.2 )	37	M	1:36:57.6	7	22	24
55	Fross, Jason swim ( 0:12:54.7 ) t1 ( 0:01:51.3 )	Petaluma, CA bike ( 1:01:01.0 ) t2 ( 0:01:03.1 )	39	M	1:37:14.2	8	23	25
131	Stillinge, Harald swim ( 0:15:39.6 ) t1 ( 0:01:12.9 )	Willits, CA bike ( 0:59:01.7 ) t2 ( 0:01:00.7 )	35	M	1:38:19.4	9	26	29
39	Dolan, Heath swim ( 0:17:28.1 ) t1 ( 0:01:27.1 )	Ukiah, CA bike ( 0:59:11.8 ) t2 ( 0:01:07.9 )	37	M	1:39:13.9	10	28	31
101	Morton, Bret swim ( 0:14:22.7 ) t1 ( 0:01:29.1 )	Ukiah, CA bike ( 1:01:21.5 ) t2 ( 0:01:27.1 )	37	M	1:39:26.1	11	30	33
104	Nieto, Robert swim ( 0:14:41.4 ) t1 ( 0:01:54.5 )	Rohnert Park, CA bike ( 1:02:40.1 ) t2 ( 0:01:22.6 )	35	M	1:42:57.5	12	39	45
168	Watkins, Joshua swim ( 0:14:04.5 ) t1 ( 0:01:50.3 )	Ukiah, CA bike ( 1:05:03.2 ) t2 ( 0:01:22.6 )	36	M	1:43:35.8	13	44	51
182	Whitaker, Matt swim ( 0:15:25.5 ) t1 ( 0:03:48.2 )	Redwood Valley, Ca bike ( 1:05:37.5 ) t2 ( 0:01:27.2 )	38	M	1:47:44.6	14	61	72
184	Coffey, Jim swim ( 0:15:19.1 ) t1 ( 0:03:19.6 )	Santa Rosa, Ca bike ( 1:05:08.8 ) t2 ( 0:02:24.1 )	38	M	1:49:05.4	15	65	78
177	Chaney, Jared swim ( 0:18:05.4 ) t1 ( 0:02:03.0 )	Ukiah, Ca bike ( 1:08:26.6 ) t2 ( 0:01:39.9 )	37	M	1:51:39.8	16	70	87
27	Coleman, Brett swim ( 0:19:15.0 ) t1 ( 0:02:30.8 )	Benicia, CA bike ( 1:07:15.0 ) t2 ( 0:01:41.3 )	39	M	1:53:43.4	18	79	99
120	Rostoni, Scott swim ( 0:12:47.0 ) t1 ( 0:02:15.6 )	Petaluma, CA bike ( 1:13:37.0 ) t2 ( 0:01:17.8 )	36	M	1:54:58.9	19	82	104
19	Brenner, Felix swim ( 0:15:52.0 ) t1 ( 0:03:03.8 )	San Francisco, CA bike ( 1:11:09.2 ) t2 ( 0:01:34.1 )	38	M	1:56:54.9	20	90	117
88	Magstadt, Eric swim ( 0:16:25.3 ) t1 ( 0:02:55.3 )	Santa Rosa, CA bike ( 1:12:37.0 ) t2 ( 0:01:29.1 )	36	M	1:58:41.5	21	98	126
105	Olsen, Aaron swim ( 0:16:34.1 ) t1 ( 0:04:16.8 )	Petaluma, CA bike ( 1:12:41.8 ) t2 ( 0:02:03.3 )	36	M	1:58:55.4	22	99	128
154	Cheneweth, Taff swim ( 0:16:04.0 ) t1 ( 0:02:43.8 )	Ukiah, CA bike ( 1:12:24.3 ) t2 ( 0:01:44.4 )	38	M	2:00:31.5	23	106	141
163	Stark, Josha swim ( 0:21:54.6 ) t1 ( 0:03:41.9 )	Albion, CA bike ( 1:05:46.2 ) t2 ( 0:02:05.2 )	36	M	2:05:54.9	24	126	176
62	Goodwin, Daniel swim ( 0:25:34.9 ) t1 ( 0:03:14.7 )	Rohnert Park, CA bike ( 1:08:35.7 ) t2 ( 0:02:25.3 )	36	M	2:06:52.9	25	129	183

## Individual M35-39

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
128	Smith, Duncan swim ( 0:19:30.0 ) t1 ( 0:03:09.8 )	Upper Lake, CA bike ( 1:12:34.2 ) t2 ( 0:02:37.0 )	38	M	2:08:03.8	26	132	190
52	Frey, John swim ( 0:19:22.2 ) t1 ( 0:03:34.9 )	Santa Rosa, CA bike ( 1:10:37.7 ) t2 ( 0:02:09.6 )	39	M	2:08:32.2	27	134	193
122	Saunders, Mike swim ( 0:15:34.4 ) t1 ( 0:06:49.1 )	Santa Rosa, CA bike ( 1:08:41.6 ) t2 ( 0:59:33.5 )	35	M	1:53:08.4	17	76	93

# Individual M40-44

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
185	Raugewitz, Chad swim ( 0:11:49.4 ) t1 ( 0:01:20.9 )	Ukiah, Ca bike ( 0:55:53.1 ) t2 ( 0:00:46.9 )	43	M	1:26:24.4	1	3	3
15	behler, steve swim ( 0:12:31.9 ) t1 ( 0:01:15.0 )	santa rosa, CA bike ( 0:57:55.8 ) t2 ( 0:01:01.4 )	44	M	1:29:47.7	2	6	6
140	Turbeville, Sean swim ( 0:13:28.3 ) t1 ( 0:01:14.8 )	Santa Rosa, CA bike ( 0:56:19.9 ) t2 ( 0:01:03.4 )	40	M	1:31:27.5	3	9	10
76	Jennings, Gregg swim ( 0:11:45.3 ) t1 ( 0:01:23.4 )	Santa Rosa, CA bike ( 1:02:12.2 ) t2 ( 0:01:11.2 )	41	M	1:33:57.8	4	15	16
156	Horning, Rob swim ( 0:13:13.7 ) t1 ( 0:02:56.6 )	Santa Rosa, CA bike ( 1:00:35.4 ) t2 ( 0:00:50.7 )	41	M	1:36:28.5	5	18	20
35	DISCIULLO, GINO swim ( 0:13:11.6 ) t1 ( 0:02:18.2 )	Los Altos, CA bike ( 1:01:48.6 ) t2 ( 0:01:43.4 )	43	M	1:40:26.8	6	32	36
33	Coursey, Justin swim ( 0:15:48.5 ) t1 ( 0:02:14.6 )	Ukiah, CA bike ( 1:04:17.9 ) t2 ( 0:01:22.4 )	42	M	1:46:06.5	7	53	62
81	knapp, jeff swim ( 0:16:05.8 ) t1 ( 0:03:11.4 )	santa rosa, CA bike ( 1:08:10.1 ) t2 ( 0:00:59.4 )	43	M	1:48:54.7	8	64	76
42	Edwards, Brook swim ( 0:11:41.1 ) t1 ( 0:02:56.4 )	Santa Rosa, CA bike ( 1:09:08.7 ) t2 ( 0:01:44.6 )	41	M	1:50:23.5	9	67	81
144	Virkus, Christopher swim ( 0:12:09.6 ) t1 ( 0:02:18.8 )	Petaluma, CA bike ( 1:14:24.2 ) t2 ( 0:02:20.2 )	40	M	1:54:55.4	10	81	103
136	Thille, Robert swim ( 0:18:15.8 ) t1 ( 0:04:20.3 )	Sebastopol, CA bike ( 1:07:55.8 ) t2 ( 0:01:42.8 )	43	M	1:57:23.7	11	91	118
119	Roche, Mike swim ( 0:15:05.7 ) t1 ( 0:02:28.0 )	Santa Rosa, CA bike ( 1:11:52.4 ) t2 ( 0:01:54.2 )	43	M	1:58:08.5	12	94	121
95	Miller, James swim ( 0:14:28.4 ) t1 ( 0:03:03.8 )	Sacramento, CA bike ( 1:13:26.6 ) t2 ( 0:01:38.0 )	41	M	1:58:31.1	13	97	125
2	Adams, Michael swim ( 0:13:52.3 ) t1 ( 0:02:20.0 )	Santa Rosa, CA bike ( 1:20:04.6 ) t2 ( 0:01:27.9 )	44	M	1:59:25.6	14	100	134
103	Neves, Robert swim ( 0:16:26.8 ) t1 ( 0:02:53.4 )	Hidden Valley La, CA bike ( 1:14:09.1 ) t2 ( 0:02:08.3 )	43	M	1:59:31.6	15	101	135
138	Todd, Steve swim ( 0:19:34.1 ) t1 ( 0:03:59.9 )	Windsor, CA bike ( 1:11:40.9 ) t2 ( 0:02:44.4 )	44	M	2:01:11.0	16	108	144
170	Finnegan, Matt swim ( 0:18:45.0 ) t1 ( 0:03:33.8 )	Ukiah, Ca bike ( 1:13:03.0 ) t2 ( 0:01:27.4 )	40	M	2:02:05.2	17	116	154
174	Girard, Jay swim ( 0:19:19.0 ) t1 ( 0:03:34.9 )	Ukiah, Ca bike ( 1:14:29.2 ) t2 ( 0:02:26.3 )	44	M	2:03:40.2	18	122	165
123	Schipper, Adam swim ( 0:19:28.9 ) t1 ( 0:03:11.3 )	Sebastopol, CA bike ( 1:12:59.5 ) t2 ( 0:01:33.2 )	41	M	2:08:11.8	19	133	191
133	Swimmer, Chad swim ( 0:22:02.8 ) t1 ( 0:03:37.9 )	Fort Bragg, CA bike ( 1:14:56.3 ) t2 ( 0:03:37.7 )	43	M	2:09:35.7	20	138	198
44	Ettedgui, Albert swim ( 0:17:10.0 ) t1 ( 0:03:13.6 )	Santa Rosa, CA bike ( 1:21:27.1 ) t2 ( 0:02:13.5 )	43	M	2:09:49.1	21	139	199
157	jobson, phillip swim ( 0:17:55.3 ) t1 ( 0:08:46.0 )	Santa Rosa, CA bike ( 1:13:19.2 ) t2 ( 0:03:08.7 )	42	M	2:09:57.7	22	141	201
171	Andrade, Ron swim ( 0:18:54.3 ) t1 ( 0:04:37.6 )	Pacifica, Ca bike ( 1:16:13.9 ) t2 ( 0:02:27.5 )	43	M	2:10:49.8	23	142	208
24	Ciudad-Real, Robert swim ( 0:21:30.0 ) t1 ( 0:03:17.3 )	Santa Rosa, CA bike ( 1:16:59.6 ) t2 ( 0:02:34.9 )	40	M	2:11:12.1	24	144	211

## Individual M40-44

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
139	Torres, Rene swim ( 0:18:11.1 ) t1 ( 0:04:06.9 )	Santa Rosa, CA bike ( 1:12:20.1 ) t2 ( 0:02:37.1 )	40	M	2:13:28.5	25	150	226
134	Taylor, Jesse swim ( 0:21:49.6 ) t1 ( 0:05:10.0 )	Lakeport, CA bike ( 1:14:08.5 ) t2 ( 0:02:30.5 )	43	M	2:13:29.6	26	151	227
93	McGinnis, Daren swim ( 0:23:51.2 ) t1 ( 0:04:16.3 )	Lakeport, CA bike ( 1:16:01.2 ) t2 ( 0:01:58.5 )	41	M	2:13:51.2	27	153	231
99	Monetta, John swim ( 0:13:42.9 ) t1 ( 0:22:42.1 )	Oakland, CA bike ( 1:21:50.4 ) t2 ( 0:02:27.7 )	43	M	2:26:23.9	28	163	266
63	Gray, Taiwo swim ( 0:35:48.0 ) t1 ( 0:03:36.7 )	Rohnert Park, CA bike ( 1:28:17.7 ) t2 ( 0:04:08.9 )	40	M	2:44:57.7	29	171	296
56	Gariss, Jason swim ( 0:34:37.5 ) t1 ( 0:05:00.8 )	Santa Rosa, CA bike ( -- ) t2 ( -- )	41	M	--	--	--	--

# Individual M45-49

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
14	Behler, Mike swim ( 0:12:20.9 ) t1 ( 0:01:25.1 )	Santa Rosa, CA bike ( 0:59:19.7 ) t2 ( 0:00:58.4 )	46	M	1:33:32.4	1	13	14
125	scoggins, layne swim ( 0:14:23.5 ) t1 ( 0:01:38.2 )	santa rosa, CA bike ( 0:57:54.7 ) t2 ( 0:01:30.3 )	45	M	1:35:23.8	2	16	18
186	Meyer, Dean swim ( 0:15:40.5 ) t1 ( 0:02:23.6 )	Covelo, Ca bike ( 0:57:06.5 ) t2 ( 0:01:56.3 )	45	M	1:36:41.5	3	19	21
1	aberg, michael swim ( 0:16:31.0 ) t1 ( 0:01:45.7 )	palo alto, CA bike ( 0:58:10.3 ) t2 ( 0:01:39.3 )	46	M	1:41:08.8	4	35	39
59	Gilligan, Kelly swim ( 0:14:27.8 ) t1 ( 0:02:05.2 )	Santa Rosa, CA bike ( 1:03:47.6 ) t2 ( 0:01:46.3 )	45	M	1:43:06.9	5	41	48
152	Wood, David swim ( 0:15:47.0 ) t1 ( 0:01:46.9 )	Santa Rosa, CA bike ( 1:03:43.4 ) t2 ( 0:01:02.8 )	45	M	1:43:10.0	6	42	49
142	Vigil, David swim ( 0:15:42.0 ) t1 ( 0:02:40.2 )	Santa Rosa, CA bike ( 1:02:31.7 ) t2 ( 0:01:40.0 )	46	M	1:44:03.8	7	48	55
90	Mandel, Bob swim ( 0:17:19.3 ) t1 ( 0:03:10.0 )	Ukiah, CA bike ( 1:04:38.2 ) t2 ( 0:01:35.5 )	46	M	1:47:04.6	8	58	68
79	Keel, Wes swim ( 0:14:45.9 ) t1 ( 0:02:30.2 )	Healdsburg, CA bike ( 1:06:49.7 ) t2 ( 0:00:51.7 )	46	M	1:47:06.5	9	59	69
40	Dolan, JAMES swim ( 0:19:17.2 ) t1 ( 0:01:36.0 )	Headsburg, CA bike ( 1:07:34.8 ) t2 ( 0:01:06.9 )	46	M	1:51:10.4	10	68	85
94	Meyer, Leigh swim ( 0:16:17.9 ) t1 ( 0:03:23.4 )	Santa Rosa, CA bike ( 1:11:18.2 ) t2 ( 0:01:42.4 )	49	M	1:54:38.5	11	80	101
82	Kowta, Patrick swim ( 0:13:39.7 ) t1 ( 0:01:08.5 )	Petaluma, CA bike ( 1:13:06.2 ) t2 ( 0:01:09.7 )	46	M	1:56:24.2	12	87	113
43	Eriksen, Tim swim ( 0:12:45.6 ) t1 ( 0:01:46.1 )	Ukiah, CA bike ( 1:13:29.8 ) t2 ( 0:01:30.8 )	46	M	1:56:42.1	13	88	115
162	Snodgrass, Sean swim ( 0:18:35.2 ) t1 ( 0:04:21.7 )	Santa Rosa, CA bike ( 1:09:07.0 ) t2 ( 0:02:23.4 )	45	M	2:02:02.2	14	115	153
8	Anderson, Robert swim ( 0:19:55.9 ) t1 ( 0:03:48.2 )	Santa Rosa, CA bike ( 1:13:41.6 ) t2 ( 0:02:25.5 )	46	M	2:07:32.9	15	130	187
183	Mabanglo, Michael swim ( 0:18:40.6 ) t1 ( 0:04:07.1 )	Ukiah, Ca bike ( 1:15:35.6 ) t2 ( 0:03:45.5 )	46	M	2:07:34.9	16	131	188
11	Baggett, Ted swim ( 0:15:47.1 ) t1 ( 0:06:11.2 )	Sebastopol, CA bike ( 1:16:18.1 ) t2 ( 0:03:17.6 )	45	M	2:08:41.0	17	135	194
41	Drain, Jim swim ( 0:16:21.4 ) t1 ( 0:05:23.2 )	Santa Rosa, CA bike ( 1:20:28.4 ) t2 ( 0:01:48.5 )	49	M	2:09:49.5	18	140	200
165	Tolbert, James swim ( 0:15:27.5 ) t1 ( 0:04:21.8 )	Forest Knolls, CA bike ( 1:24:34.1 ) t2 ( 0:02:57.8 )	47	M	2:11:02.4	19	143	210
70	Hill, John swim ( 0:18:23.2 ) t1 ( 0:05:49.7 )	Vacaville, CA bike ( 1:22:42.1 ) t2 ( 0:02:38.1 )	49	M	2:15:21.0	20	154	235
147	Williams, Arvan swim ( 0:18:43.2 ) t1 ( 0:03:21.1 )	Santa Rosa, CA bike ( 1:24:19.5 ) t2 ( 0:02:27.0 )	47	M	2:19:36.0	21	157	248
46	Fain, Jim swim ( 0:21:35.1 ) t1 ( -- )	Sebastopol, CA bike ( 1:30:23.7 ) t2 ( 0:01:24.8 )	48	M	2:19:46.5	22	158	249
31	Cordes, Roger swim ( 0:24:25.5 ) t1 ( 0:05:35.1 )	Cloverdale, CA bike ( 1:27:35.5 ) t2 ( 0:03:00.9 )	47	M	2:27:38.2	23	165	272
143	Vigil, Richard swim ( 0:18:47.3 ) t1 ( 0:02:58.6 )	woodbridge, CA bike ( -- ) t2 ( -- )	47	M	--	--	--	--

# Individual M50-54

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
67	Howell, Keith swim ( 0:14:26.2 ) t1 ( 0:02:59.4 )	Santa Rosa, CA bike ( 0:55:36.1 ) t2 ( 0:04:00.4 )	53	M	1:32:29.1	1	12	13
179	Breen, Gary swim ( 0:12:43.4 ) t1 ( 0:02:28.2 )	Ukiah, Ca bike ( 0:59:42.7 ) t2 ( 0:01:36.6 )	50	M	1:36:42.2	2	20	22
89	Main, Rob swim ( 0:11:37.5 ) t1 ( 0:02:10.7 )	Santa Rosa, CA bike ( 1:02:16.7 ) t2 ( 0:01:22.5 )	52	M	1:37:26.1	3	24	26
26	Clifton, Mike swim ( 0:13:51.6 ) t1 ( 0:01:05.5 )	Lakeport, CA bike ( 1:01:20.0 ) t2 ( 0:00:59.7 )	52	M	1:38:47.9	4	27	30
173	O'Bergin, Dana swim ( 0:15:58.6 ) t1 ( 0:04:25.2 )	Ukiah, Ca bike ( 1:03:56.9 ) t2 ( 0:01:30.9 )	53	M	1:46:27.2	5	54	64
28	Collins, Robert swim ( 0:13:45.4 ) t1 ( 0:01:47.2 )	Santa Rosa, CA bike ( 1:02:51.5 ) t2 ( 0:00:58.3 )	50	M	1:46:40.8	6	57	67
25	clausen, brent swim ( 0:14:30.1 ) t1 ( 0:01:19.1 )	ukiah, CA bike ( 1:07:23.8 ) t2 ( 0:01:31.5 )	52	M	1:47:17.8	7	60	70
155	Dickinson, Robert swim ( 0:15:53.6 ) t1 ( 0:02:50.2 )	Petaluma, CA bike ( 1:09:34.9 ) t2 ( 0:01:39.8 )	54	M	1:49:55.3	8	66	80
7	Anderson, Paul swim ( 0:14:41.8 ) t1 ( 0:02:09.4 )	San Francisco, CA bike ( 1:10:45.4 ) t2 ( 0:01:30.3 )	52	M	1:51:10.7	9	69	86
30	Conrad, Scott swim ( 0:20:18.1 ) t1 ( 0:02:23.2 )	Santa Rosa, CA bike ( 1:05:36.8 ) t2 ( 0:01:50.1 )	54	M	1:53:32.8	10	78	96
127	Silverstein, Jay swim ( 0:17:16.7 ) t1 ( 0:04:06.3 )	Sebastopol, CA bike ( 1:11:22.6 ) t2 ( 0:02:03.3 )	51	M	1:55:59.4	11	84	108
29	conklin, william swim ( 0:15:16.0 ) t1 ( 0:03:23.3 )	healdsburg, CA bike ( 1:08:19.9 ) t2 ( 0:02:37.0 )	54	M	1:57:45.9	12	93	120
71	Hinesley, Thomas swim ( 0:17:11.5 ) t1 ( 0:10:11.3 )	Napa, CA bike ( 1:07:08.0 ) t2 ( 0:01:58.3 )	51	M	1:59:55.4	13	103	137
148	williams, hugh swim ( 0:20:47.4 ) t1 ( 0:04:14.2 )	Cotati, CA bike ( 1:10:26.1 ) t2 ( 0:01:45.9 )	53	M	2:00:18.1	14	104	139
53	Friedlander, Paul swim ( 0:18:13.3 ) t1 ( 0:02:24.9 )	Oakland, CA bike ( 1:11:14.9 ) t2 ( 0:02:09.3 )	51	M	2:00:48.6	15	107	143
38	Disney, Roy swim ( 0:13:53.5 ) t1 ( 0:01:31.7 )	Lakeport, CA bike ( 1:22:39.3 ) t2 ( 0:02:43.9 )	53	M	2:01:43.7	16	111	148
166	Tolbert, Mark swim ( 0:17:39.0 ) t1 ( 0:05:30.7 )	Sacramento, CA bike ( 1:10:01.8 ) t2 ( 0:02:19.7 )	51	M	2:01:57.2	17	114	152
146	Wanger, John swim ( 0:15:29.7 ) t1 ( 0:04:02.3 )	Santa Rosa, CA bike ( 1:22:00.8 ) t2 ( 0:03:10.8 )	52	M	2:11:44.3	18	145	215
64	Greenberg, Michael swim ( 0:17:34.4 ) t1 ( 0:03:52.1 )	Santa Rosa, CA bike ( 1:23:26.8 ) t2 ( 0:01:08.7 )	51	M	2:11:59.5	19	146	217
86	logan, daniel swim ( 0:19:00.9 ) t1 ( 0:04:01.3 )	santa rosa, CA bike ( 1:20:25.3 ) t2 ( 0:03:01.5 )	51	M	2:13:46.6	20	152	230
22	Buescher, Doug swim ( 0:21:40.8 ) t1 ( 0:03:47.9 )	Santa Rosa, CA bike ( 1:21:52.7 ) t2 ( 0:02:52.0 )	53	M	2:22:20.8	21	160	257
54	Friedlander, Todd swim ( 0:19:27.8 ) t1 ( 0:07:15.0 )	Middleburg Hts, OH bike ( 1:28:36.8 ) t2 ( 0:01:44.6 )	53	M	2:26:30.5	22	164	267
117	Richardson, Doug swim ( 0:18:01.2 ) t1 ( 0:04:48.0 )	Santa Rosa, CA bike ( 1:35:35.2 ) t2 ( 0:03:49.6 )	54	M	2:30:09.8	23	167	276

## Individual M55-59

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
109	Pfeiffer, Jeff swim ( 0:10:50.0 ) t1 ( 0:01:43.4 )	Windsor, CA bike ( 1:01:49.9 ) t2 ( 0:01:06.5 )	55	M	1:40:38.9	1	33	37
124	Schwartz, Rodger swim ( 0:18:18.2 ) t1 ( 0:02:53.0 )	Ukiah, CA bike ( 1:09:28.4 ) t2 ( 0:01:32.1 )	58	M	1:55:17.2	2	83	106
113	Pollitz, James swim ( 0:21:18.1 ) t1 ( 0:03:47.6 )	Ukiah, CA bike ( 1:10:21.8 ) t2 ( 0:01:47.5 )	57	M	2:03:32.3	3	121	163
178	Hagen, Paul swim ( 0:16:42.1 ) t1 ( 0:04:31.8 )	Arcata, CA bike ( 1:18:09.6 ) t2 ( 0:01:00.6 )	57	M	2:04:06.0	4	123	168
84	Leinen, Chris swim ( 0:17:22.2 ) t1 ( 0:05:06.2 )	Santa Rosa, CA bike ( 1:19:56.9 ) t2 ( 0:03:21.4 )	55	M	2:12:47.1	5	148	220
85	Logan, Brian swim ( 0:21:46.9 ) t1 ( 0:05:11.5 )	Sherwood, OR bike ( 1:36:15.6 ) t2 ( 0:02:20.1 )	56	M	2:44:11.6	6	170	295



# Individual M60-64

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
73	Hawkes, Howell swim ( 0:14:26.2 ) t1 ( 0:02:59.4 )	Ukiah, CA bike ( 0:55:36.1 ) t2 ( 0:04:00.4 )	60	M	1:32:29.1	1	11	12
112	Platt, Bill swim ( 0:13:14.2 ) t1 ( 0:02:49.8 )	Redwood Valley, CA bike ( 1:01:37.3 ) t2 ( 0:01:46.6 )	61	M	1:41:32.9	2	36	41
61	giovannetti, ken swim ( 0:13:26.6 ) t1 ( 0:03:53.7 )	santa rosa, CA bike ( 1:10:32.1 ) t2 ( 0:02:05.7 )	62	M	1:52:13.4	3	73	90
158	Lyman, Chris swim ( 0:17:10.3 ) t1 ( 0:01:59.9 )	Santa Rosa, CA bike ( 1:08:39.1 ) t2 ( 0:01:53.2 )	60	M	1:56:47.4	4	89	116
100	Morrison, Michael swim ( 0:16:38.4 ) t1 ( 0:03:21.2 )	Bayside, CA bike ( 1:15:45.1 ) t2 ( 0:02:21.6 )	60	M	2:00:20.0	5	105	140
102	Murray, Michael swim ( 0:15:57.8 ) t1 ( 0:04:16.2 )	Lakeport, CA bike ( 1:10:22.9 ) t2 ( 0:02:41.1 )	63	M	2:02:29.1	6	117	157
16	Behnke, John swim ( 0:17:26.2 ) t1 ( 0:03:26.4 )	Ukiah, CA bike ( 1:14:49.1 ) t2 ( 0:03:01.4 )	61	M	2:02:39.0	7	118	158
47	Faris, David swim ( 0:14:37.7 ) t1 ( 0:04:53.8 )	Santa Rosa, CA bike ( 1:13:47.5 ) t2 ( 0:03:28.4 )	60	M	2:06:26.9	8	128	181
3	Agius, Frank swim ( 0:19:33.4 ) t1 ( 0:04:13.6 )	Petaluma, CA bike ( 1:13:50.7 ) t2 ( 0:02:31.3 )	60	M	2:08:49.4	9	136	195

## Individual M65-69

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
48	Farley, Paul swim ( 0:17:27.6 ) t1 ( 0:02:22.9 )	Lakeport, CA bike ( 0:59:46.2 ) t2 ( 0:01:23.9 )	66	M	1:45:01.4	1	52	59
107	Otto, Paul Otto swim ( 0:14:39.6 ) t1 ( 0:03:26.0 )	Ukiah, CA bike ( 1:05:59.2 ) t2 ( 0:02:04.5 )	65	M	1:48:44.6	2	63	74
66	Hall, John swim ( 0:15:13.5 ) t1 ( 0:02:08.8 )	Los Altos Hills, CA bike ( 1:10:21.9 ) t2 ( 0:01:53.0 )	65	M	1:58:13.0	3	95	122

# Individual M700

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
83	Lander, John swim ( 0:19:52.7 ) t1 ( 0:03:24.3 )	Santa Rosa, CA bike ( 1:08:03.4 ) t2 ( 0:02:06.1 )	70	M	1:59:34.9	1	102	136
172	Jurgen, Giessel swim ( 0:15:55.8 ) t1 ( 0:04:41.6 )	Garberville, Ca bike ( 1:15:04.8 ) t2 ( 0:02:35.0 )	74	M	2:04:55.2	2	125	172

## Relay : Female 0-100

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
703	keller, catherine swim ( 0:15:39.0 ) t1 ( 0:02:29.3 )	ukiah, CA bike ( 1:25:48.5 ) t2 ( 0:00:36.3 )	48	F	2:12:46.3	1	3	8
703	keller, susan swim ( 0:15:39.0 ) t1 ( 0:02:29.3 )	ukiah, CA bike ( 1:25:48.5 ) t2 ( 0:00:36.3 )	44	F	2:12:46.3	1	3	8

## Relay : Female 120-150

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
716	Henderson, Anne swim ( 0:13:22.2 ) t1 ( 0:00:37.3 )	Windsor, CA bike ( 1:09:46.6 ) t2 ( 0:00:40.0 )	41	F	1:47:37.2	1	1	3
716	Henderson, Anne swim ( 0:13:22.2 ) t1 ( 0:00:37.3 )	Windsor, CA bike ( 1:09:46.6 ) t2 ( 0:00:40.0 )	41	F	1:47:37.2	1	1	3
716	Cormier, Carol swim ( 0:13:22.2 ) t1 ( 0:00:37.3 )	Santa Rosa, CA bike ( 1:09:46.6 ) t2 ( 0:00:40.0 )	52	F	1:47:37.2	1	1	3
705	Au-Yeung, Noelani swim ( 0:16:02.8 ) t1 ( 0:00:51.4 )	Windsr, CA bike ( 1:11:31.4 ) t2 ( 0:03:01.7 )	46	F	2:02:48.2	2	2	6
705	Yaeger, Julie swim ( 0:16:02.8 ) t1 ( 0:00:51.4 )	windsor, CA bike ( 1:11:31.4 ) t2 ( 0:03:01.7 )	48	F	2:02:48.2	2	2	6
705	Ferguson, Sheeda swim ( 0:16:02.8 ) t1 ( 0:00:51.4 )	windsor, CA bike ( 1:11:31.4 ) t2 ( 0:03:01.7 )	42	F	2:02:48.2	2	2	6

## Relay : Female X175Up

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
712	Wistrom, Theresa swim ( 0:17:41.3 ) t1 ( 0:00:54.7 )	Healdsburg, CA bike ( 1:47:49.4 ) t2 ( 0:01:18.1 )	67	F	2:47:36.4	1	4	10
712	Parr-Feldman, Chris swim ( 0:17:41.3 ) t1 ( 0:00:54.7 )	Forestville, CA bike ( 1:47:49.4 ) t2 ( 0:01:18.1 )	68	F	2:47:36.4	1	4	10

# Relay : Male 0-100

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
702	Ghirann, Gabe		14	M	1:52:50.0	1	2	6
	swim ( 0:16:59.6 ) t1 ( 0:00:25.4 )	bike ( 1:16:59.4 ) t2 ( 0:00:27.6 )		run ( 0:17:57.7 )				
702	Gibbs, Jake	Sebastopol, CA	14	M	1:52:50.0	1	2	6
	swim ( 0:16:59.6 ) t1 ( 0:00:25.4 )	bike ( 1:16:59.4 ) t2 ( 0:00:27.6 )		run ( 0:17:57.7 )				
702	Herold, Drake		13	M	1:52:50.0	1	2	6
	swim ( 0:16:59.6 ) t1 ( 0:00:25.4 )	bike ( 1:16:59.4 ) t2 ( 0:00:27.6 )		run ( 0:17:57.7 )				

## Relay : Male 120-150

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
709	McKay, Tom swim ( 0:21:54.0 ) t1 ( 0:00:25.3 )	bike ( 1:11:11.1 ) t2 ( 0:00:25.2 )	53	M	1:49:49.6	1	1	3
709	Hermosillo, Sean swim ( 0:21:54.0 ) t1 ( 0:00:25.3 )	bike ( 1:11:11.1 ) t2 ( 0:00:25.2 )	39	M	1:49:49.6	1	1	3
709	Young, John swim ( 0:21:54.0 ) t1 ( 0:00:25.3 )	Santa Rosa, CA bike ( 1:11:11.1 ) t2 ( 0:00:25.2 )	48	M	1:49:49.6	1	1	3



## Relay : Mixed 0-100

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
711	Radeski, Grace swim ( 0:11:38.7 ) t1 ( 0:00:37.9 )	Santa Rosa, CA bike ( 1:19:10.8 ) t2 ( 0:00:40.3 )	11	F	1:53:49.9	1	9	29
711	Monks, Ray swim ( 0:11:38.7 ) t1 ( 0:00:37.9 )	Santa Rosa, CA bike ( 1:19:10.8 ) t2 ( 0:00:40.3 )	11	M	1:53:49.9	1	9	29
711	Perreira, Alex swim ( 0:11:38.7 ) t1 ( 0:00:37.9 )	Santa Rosa, CA bike ( 1:19:10.8 ) t2 ( 0:00:40.3 )	11	M	1:53:49.9	1	9	29

## Relay : Mixed 101-119

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
701	Davis, Allie	Santa Rosa, CA	16	F	1:31:42.1	1	2	8
	swim ( 0:09:18.8 ) t1 ( 0:00:26.5 )	bike ( -- ) t2 ( 0:56:01.6 )		run ( 0:25:55.0 )				
701	Davis, Brian	Santa Rosa, CA	50	M	1:31:42.1	1	2	8
	swim ( 0:09:18.8 ) t1 ( 0:00:26.5 )	bike ( -- ) t2 ( 0:56:01.6 )		run ( 0:25:55.0 )				
701	Davis, Catherine	Santa Rosa, CA	51	F	1:31:42.1	1	2	8
	swim ( 0:09:18.8 ) t1 ( 0:00:26.5 )	bike ( -- ) t2 ( 0:56:01.6 )		run ( 0:25:55.0 )				
706	nelson, tyler	ukiah, CA	39	M	1:35:15.4	2	3	11
	swim ( 0:12:15.0 ) t1 ( 0:00:17.2 )	bike ( 0:59:05.9 ) t2 ( 0:00:31.3 )		run ( 0:23:05.9 )				
706	schat, missy	ukiah, CA	34	F	1:35:15.4	2	3	11
	swim ( 0:12:15.0 ) t1 ( 0:00:17.2 )	bike ( 0:59:05.9 ) t2 ( 0:00:31.3 )		run ( 0:23:05.9 )				
706	schat, zachary	ukiah, CA	42	M	1:35:15.4	2	3	11
	swim ( 0:12:15.0 ) t1 ( 0:00:17.2 )	bike ( 0:59:05.9 ) t2 ( 0:00:31.3 )		run ( 0:23:05.9 )				
708	Allen, Jeffrey	Santa Rosa, CA	44	M	1:43:54.4	3	4	14
	swim ( 0:12:38.8 ) t1 ( 0:00:34.5 )	bike ( 1:07:39.5 ) t2 ( 0:00:34.2 )		run ( 0:22:27.1 )				
708	Smith, Jordan	Santa Rosa, CA	28	M	1:43:54.4	3	4	14
	swim ( 0:12:38.8 ) t1 ( 0:00:34.5 )	bike ( 1:07:39.5 ) t2 ( 0:00:34.2 )		run ( 0:22:27.1 )				
708	Faloni, Janine	Santa Rosa, CA	38	F	1:43:54.4	3	4	14
	swim ( 0:12:38.8 ) t1 ( 0:00:34.5 )	bike ( 1:07:39.5 ) t2 ( 0:00:34.2 )		run ( 0:22:27.1 )				
707	Stephens, Jim	Oakland, CA	33	M	1:50:56.3	4	8	26
	swim ( 0:11:23.7 ) t1 ( 0:00:35.5 )	bike ( 1:14:33.1 ) t2 ( 0:00:34.0 )		run ( 0:23:49.7 )				
707	Nicosia, Bryan	Santa Rosa, CA	42	M	1:50:56.3	4	8	26
	swim ( 0:11:23.7 ) t1 ( 0:00:35.5 )	bike ( 1:14:33.1 ) t2 ( 0:00:34.0 )		run ( 0:23:49.7 )				
707	Froberg, Cecilia	Oakland, CA	30	F	1:50:56.3	4	8	26
	swim ( 0:11:23.7 ) t1 ( 0:00:35.5 )	bike ( 1:14:33.1 ) t2 ( 0:00:34.0 )		run ( 0:23:49.7 )				

## Relay : Mixed 120-150

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
713	Rau, Javier		41	M	1:29:51.5	1	1	5
	swim ( 0:13:16.5 )	t1 ( 0:00:19.8 )	bike ( 0:57:19.7 )	t2 ( 0:00:27.6 )	run ( 0:18:27.7 )			
713	Enzler, Holly		48	F	1:29:51.5	1	1	5
	swim ( 0:13:16.5 )	t1 ( 0:00:19.8 )	bike ( 0:57:19.7 )	t2 ( 0:00:27.6 )	run ( 0:18:27.7 )			
713	Samson, Charles	Lakeport, CA	50	M	1:29:51.5	1	1	5
	swim ( 0:13:16.5 )	t1 ( 0:00:19.8 )	bike ( 0:57:19.7 )	t2 ( 0:00:27.6 )	run ( 0:18:27.7 )			
704	Bejarano, Nick	ukiah, CA	31	M	1:44:31.2	2	5	17
	swim ( 0:20:36.7 )	t1 ( 0:00:29.6 )	bike ( 1:01:59.1 )	t2 ( 0:00:32.9 )	run ( 0:20:52.6 )			
704	Passalacqua, Susan	ukiah, CA	46	F	1:44:31.2	2	5	17
	swim ( 0:20:36.7 )	t1 ( 0:00:29.6 )	bike ( 1:01:59.1 )	t2 ( 0:00:32.9 )	run ( 0:20:52.6 )			
704	Boudreaux, Terri	Redwood Valley, CA	45	F	1:44:31.2	2	5	17
	swim ( 0:20:36.7 )	t1 ( 0:00:29.6 )	bike ( 1:01:59.1 )	t2 ( 0:00:32.9 )	run ( 0:20:52.6 )			
710	Babb, Gisela	Healds, CA	50	F	1:49:26.8	3	7	23
	swim ( 0:11:35.7 )	t1 ( 0:00:42.3 )	bike ( 1:10:32.6 )	t2 ( 0:00:44.8 )	run ( 0:25:51.1 )			
710	Hampson, Jennifer	Healdsburg, CA	41	F	1:49:26.8	3	7	23
	swim ( 0:11:35.7 )	t1 ( 0:00:42.3 )	bike ( 1:10:32.6 )	t2 ( 0:00:44.8 )	run ( 0:25:51.1 )			
710	Buchholz, Kevin	Santa Rosa, CA	35	M	1:49:26.8	3	7	23
	swim ( 0:11:35.7 )	t1 ( 0:00:42.3 )	bike ( 1:10:32.6 )	t2 ( 0:00:44.8 )	run ( 0:25:51.1 )			
714	Dunkle, Iris		39	F	1:55:41.8	4	10	32
	swim ( 0:12:15.6 )	t1 ( 0:00:28.4 )	bike ( 1:21:10.1 )	t2 ( 0:00:34.5 )	run ( 0:21:13.1 )			
714	Cormier, Mike X		52	M	1:55:41.8	4	10	32
	swim ( 0:12:15.6 )	t1 ( 0:00:28.4 )	bike ( 1:21:10.1 )	t2 ( 0:00:34.5 )	run ( 0:21:13.1 )			
714	Wilson, Heather	Windsor, CA	38	F	1:55:41.8	4	10	32
	swim ( 0:12:15.6 )	t1 ( 0:00:28.4 )	bike ( 1:21:10.1 )	t2 ( 0:00:34.5 )	run ( 0:21:13.1 )			
717	Rice, Margie	Ukiah, CA	51	F	1:57:08.3	5	11	35
	swim ( 0:37:07.3 )	t1 ( 0:00:59.0 )	bike ( 1:08:07.6 )	t2 ( 0:00:37.9 )	run ( 0:25:04.3 )			
717	Rice, Geoffrey	Ukiah, CA	55	M	2:11:56.3	5	11	35
	swim ( 0:37:07.3 )	t1 ( 0:00:59.0 )	bike ( 1:08:07.6 )	t2 ( 0:00:37.9 )	run ( 0:25:04.3 )			
717	Rice, Tricia	Ukiah, CA	23	F	1:57:08.3	5	11	35
	swim ( 0:37:07.3 )	t1 ( 0:00:59.0 )	bike ( 1:08:07.6 )	t2 ( 0:00:37.9 )	run ( 0:25:04.3 )			

## Relay : Mixed 175Up

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
715	Ericson, Margaret swim ( 0:15:39.7 ) t1 ( 0:00:41.7 )	Benicia, CA bike ( 1:09:39.8 ) t2 ( 0:00:33.1 )	57	F	1:47:05.4	1	6	20
715	Roe, Christopher swim ( 0:15:39.7 ) t1 ( 0:00:41.7 )	Potter Valley, CA bike ( 1:09:39.8 ) t2 ( 0:00:33.1 )	64	M	1:47:05.4	1	6	20
715	Ericson, John swim ( 0:15:39.7 ) t1 ( 0:00:41.7 )	Benicia, CA bike ( 1:09:39.8 ) t2 ( 0:00:33.1 )	56	M	1:47:05.4	1	6	20

## Relay : Mixed Unknown

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
x	Unknown, Runner swim ( 9:21:46.5 ) t1 ( -- )	Unknown, NA bike ( 1:44:08.8 ) t2 ( 0:02:11.6 )	0	F	-1:0-30:0-43.-2		1	2
x	Unknown, Runner swim ( 9:21:46.5 ) t1 ( -- )	Unknown, NA bike ( 1:44:08.8 ) t2 ( 0:02:11.6 )	0	F	-1:0-30:0-43.-2		1	2