

# Duathlon

DUBUQUE, IA | RUN BIKE RUN

## 2010 Registration Form

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_  
First Last MM/DD/YY M/F

Address: \_\_\_\_\_  
Street City State Zip

E-Mail Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_  
Name Phone Number

### Please mark your age category:

19 & Under \_\_\_\_ 20 - 29: \_\_\_\_ 30 - 39: \_\_\_\_ 40 - 49: \_\_\_\_ 50 - 69: \_\_\_\_ 60+: \_\_\_\_

### T-Shirt Size

*Sponsored in part by Fever River Outfitters*

Men:

S \_\_\_\_ M \_\_\_\_ L \_\_\_\_ XL \_\_\_\_ XXL \_\_\_\_

Women:

S \_\_\_\_ M \_\_\_\_ L \_\_\_\_ XL \_\_\_\_ XXL \_\_\_\_

How did you hear about this race? \_\_\_\_\_

## Race Details

The race will begin on Saturday, July 17 at 9:00 am at 7500 Chavenelle Rd. (McGraw-Hill distribution center parking lot) with check in and packet pick up from 7:00 am to 8:30 am under the Duathlon tent. The race will consist of a 1.2 mile run, 17 mile bike and 3 mile run. The event will be USAT sanctioned, please consider time to complete a USAT sanctioning form if you are not a current member.

Registration fee is \$40.00. Entry fee includes a high performance SweatVac t-shirt, chip timing and both food and beverages concluding the event. In order to receive a SweatVac t-shirt at the race, please have the application completed and mailed by June 1, 2010.

Please complete the registration form listed above and mail to the address below. If making payment with a check, please make the check payable to the Dubuque Convention & Visitors Bureau. May you have further questions or concerns, please feel free to contact us at 563.557.9200 ext. 208.

Dubuque Convention & Visitors Bureau  
Katie Simmons  
300 Main St. Suite 200  
Dubuque, IA 52001

### *Presented By:*



### *Contributing Sponsors*



**COURSE MAP**

Please keep in mind the course is subject to change depending upon road conditions.

